

October Talk

Burn Prevention and First Aid.

Sue Boasman, Senior nurse in the burns unit at Broomfield Hospital and Jo Myers from Children's Burns Trust gave a talk about the main causes of burn injury in children, adults and the elderly.

Coinciding with National Burn Awareness Day on 15th October, the talk focused on some of the main causes of burn and scald injuries.

- Hot Drinks
- Hot Water bottles
- Hair Straighteners
- Oven doors
- Saucepans
- Hot food spills
- Dressing up costumes / candles

In the event of an accident happening the recommended First Aid for scald injuries was emphasised;

- Cool – for 20 minutes under cool running water
- Call for help – GP, 111, A&E depending on the size of the injury and circumstances
- Cover with cling film – until medical attention is sought

Remember to remove clothes before cooling the area, including nappies, socks and shoes in young children.

