



**Is here to help you with your mental health.
We are a local charity, delivering services to our
local communities for over 50 years.**

Our Services

Helpline
Counselling
Charity Shop
Well-being Walking Groups
Supported Housing
Signposting
Allotment
Weekly Pop Up Services in Billericay
Partnerships
Forensic Advocacy

Find out more
by scanning the
QR code below



**Make your Mental Health a priority
Contact 01268 284130 or info@basmind.org**

Basildon Mind is a registered charity. Although affiliated with National Mind, we are responsible for funding our own services.

If you would like to help us, please get in touch!

Charity Registration No. : 1107896