Singing for the Brain® Basildon

Enjoy music and song, meet new people and have fun in a friendly and supportive environment.

Alzheimer's Society Singing for the Brain is for people living with dementia, carers, family members and friends. Our trained staff are there to offer advice and support.

When:

The group meets the first Monday of each month, from 10.15am–11.45am, Starting 7 December 2026

2026-2027 Dates:

7 December	7 June
4 January	5 July
1 February	2 August
1 March	6 September
5 April	4 October
3 May	1 November

Where:

King Edward Community Centre, King Edward Rd, Laindon, Basildon SS15 6GY

To book a place:

If you have any questions or would like to book a place, please contact us.

- Tel: 0333 150 3456
- Email: essexgroups@alzheimers.org.uk

Alzheimer's Society

It will take a society to beat dementia

Alzheimer's Society is a registered charity in England and Wales (296645) and the Isle of Man (1128).